



Target 2 Zero - Accelerated EMDR - Accelerated Event Reconsolidation - 5 Day Training with Scarlett Williams, LPC June 5,6,7 & June 27,28, 2024 In Person Blacksburg, VA

Application Information

Full name:	_____	Date:	_____
	<i>Last First M.I.</i>		
Address:	_____	Phone:	_____
	<i>Apt/Unit #</i>		
	_____	Email:	_____
	<i>City State Zip Code</i>		
License: LPC, LCSW, MD	_____		
NPI Number	_____		
Any accommodations requested for the training?	Yes <input type="checkbox"/> No <input type="checkbox"/>	If yes, please specify.	_____

Target 2 Zero - Accelerated Event Reconsolidation Therapy - Training Information

Target 2 Zero (Accelerated Event Reconsolidation Therapy) combines movement therapy, EMDR, EMDR 2.0 and current neuroscience research to produce excellent results for clients. Target 2 Zero (Accelerated Event Reconsolidation Therapy) is 86% faster than Standard EMDR while reducing symptoms by 84% (pending publication).

In this 5-day (30 hour) training participants will be provided with an overview of efficacy of Trauma Informed Therapies including EMDR, Exposure Therapy, and Cognitive Processing Therapy. Participants will gain an insight into neurosciences' current understanding of Trauma or Adverse Events effects upon both physical and mental health. Participants will be provided with an overview of the development of Target 2 Zero starting with its roots in EMDR. Participants will learn the Target 2 Zero Protocol. Participants will have ample time to practice the Target 2 Zero Protocol. Special Populations, Working with Children, Modifying Target 2 Zero for your Specific Populations, and Self Care with Target 2 Zero will also be included in this training.

This is an in-person training in Blacksburg, Virginia. The training site will be announced June 1st.

Target 2 Zero Participant's Agreement

Please read and sign the following agreement. Return to scarlettwilliamsipc@gmail.com PRIOR to the training.

The undersigned acknowledges that they have been advised & understand the following:

AUDIO/VIDEO RECORDING ANY PART OF THE TRAINING IS STRICTLY PROHIBITED.

- Participants must complete the entire in person training (including 10 hours of case consultation) within 12 months from the initial start date.
- Current research is limited to the applications of EMDR to trauma-related disorders.
- All participants must be licensed in the mental health field.
- If not licensed, have completed masters level coursework, currently on a licensing track and supervised by a licensed clinician with the appropriate letter on file.
- A signed letter from the licensed, supervising clinician, including his/her license number, must be sent to the Target 2 Zero office. The letter should state, "I supervise the clinical work of (your name)."
- CONTINUING EDUCATION CERTIFICATE: A CE certificate will be issued only to those who attend the entire training and participate in the practice exercises on all 5 days, where clinicians will give and receive Target 2 Zero - Accelerated Event Reconsolidation -Therapy under small group supervision.
- The practice experience is for educational purposes only & not for personal therapy.
- Case material presented didactically or on video/DVD may be disturbing to those with unresolved personal issues.
- Participants presently engaged in personal therapy should seek permission from their therapist before participating in this training.
- Participants who presently have a dissociative disorder should not participate without special arrangements being made with the Target 2 Zero office.
 - Participants with limiting or special medical conditions (for example, pregnancy, heart condition, ocular difficulties) should consult their medical professionals before participating.
- A target memory could be linked to unexpected, disturbing material or memories.
 - Since the processing of targeted incidents may continue after the training, other dreams, memories, etc., may surface. In such cases, it is the responsibility of the participant to seek and obtain appropriate assistance. Providing such assistance is not an extension of the training.
- Clinicians who wish to continue with personal Target 2 Zero - Accelerated Event Reconsolidation -Therapy work can request referral information from the Target 2 Zero office.
- These experiential workshops-Week 1 (Day 1,2, &3) and Week 2 (Days 4 and 5) are for clinical and research purposes only and will not qualify the participant to train others in Target 2 Zero - Accelerated Event Reconsolidation -Therapy.
- CASE CONSULTATION: To be admitted to Week 2 of the training, documentation showing completion of 2 consultation hours with Scarlett Williams is required
- CERTIFICATE OF COMPLETION: Certificates will be issued only to those who complete the training (Days 1,2,3,4,5) and have completed 10 hours (2 hours prior to Week 2 and 8 hours after Week 2) of case consultation with Scarlett Williams.
- WEBSITE REFERRAL LISTING: Upon completion of the Target 2 Zero - Accelerated Event Reconsolidation -Therapy (W1 + W2 + 10 hours of consultation), participants will automatically be added to the online Target 2 Zero referral listing. Please indicate below if we have your permission to list your name, city, state, zip code and business phone number.

Add Me to the Online Referral Listing Yes No

More Information on the Specifics of the Training

- All participants must have cases in their practice with whom they can utilize the Target 2 Zero - Accelerated Event Reconsolidation -Therapy skills taught in the training. This training is designed to help participants integrate the use of Target 2 Zero - Accelerated Event Reconsolidation -Therapy in their current clinical setting.

- A significant component of the training involves clinicians practicing Target 2 Zero - Accelerated Event Reconsolidation -Therapy and related procedures in small groups under the supervision of the instructor. These practice experiences are for training purposes only and not for personal therapy. All participants should be prepared to address disturbing real-life experiences as part of this training program in order to appreciate the subjective experience of Target 2 Zero - Accelerated Event Reconsolidation -Therapy as a client would and to provide valid training experiences for other participants. It is not unusual for a target memory to be linked to other, unexpected, disturbing memories or material, which might surface during or after the practice sessions. Trauma-related case material presented didactically, in consultation sessions, or on video may be disturbing to those with unresolved personal issues. In submitting their application for training, participants affirm that they have developed appropriate self-soothing and affect/arousal management skills to cope with exposure to this type of material and will be able to employ these skills as necessary during and following Target 2 Zero - Accelerated Event Reconsolidation -Therapy, practice and consultation sessions.

- Further, with reference to above:

- a • The reprocessing of targeted incidents during practicum sessions may lead to the emergence of other disturbing memories during and after the practicum. It is the responsibility of the participant to seek, obtain and pay for appropriate professional assistance if needed. Providing such assistance is not part of the training and will not be provided by the Target 2 Zero training director or staff. Clinicians who elect to do personal Target 2 Zero - Accelerated Event Reconsolidation -Therapy work can find lists of Target 2 Zero - Accelerated Event Reconsolidation -Therapy trained clinicians through www.target2zero.com.

- The participant acknowledges, understands and knowingly assumes the forgoing risks and requirements of participating in the training and hereby releases and holds harmless Scarlett Williams, each other participant and their respective affiliates from and against any and all liability, costs and injury that may arise or result from participating in the training.

- This experiential training is intended to prepare clinicians to apply Target 2 Zero - Accelerated Event Reconsolidation -Therapy for clinical purposes only and will not qualify the participant to train others in Target 2 Zero - Accelerated Event Reconsolidation -Therapy. Attempts to train others in Target 2 Zero - Accelerated Event Reconsolidation -Therapy without meeting the standards as defined by Target 2 Zero would represent a violation of professional ethics and standards.

- Under no circumstances may any portion of this training be recorded or distributed.

In order to assure confidentiality of personal and clinical information, audio/video recording by participants is not allowed. It is expected that all participants shall maintain the highest ethical standards of confidentiality regarding all personal and clinical information shared by others in this training. Failure to maintain confidentiality shall be treated as a professional ethics issue, and may result in immediate dismissal from the training program with no refund. Confidentiality shall apply to all consultation sessions and practicum experiences: specifics may be discussed only with members of the immediate consultation or practice group, the participant's group consultant, practicum supervisor and trainer(s). In addition, a participant may share his or her own emerging material with a private therapist.

- Target 2 Zero is committed to providing all participants with the opportunity to benefit equitably from this Target 2 Zero - Accelerated Event Reconsolidation -Therapy Training. All attendees – including trainer, consultants, consultants-in-training and trainees, are expected to promote mutual respect and understanding by acknowledging other perspectives, constructively confronting differences, and actively listening and learning from each other. All clinicians regardless of race, ethnicity, culture, gender identity, sexual orientation, religion, and other human differences are welcomed by training faculty and will be treated with dignity and respect; and, we require that the same attitude of respect be shown amongst participants to each other and to training faculty as well. If there are perceived microaggressions, micro assaults, microinsults, or microinvalidations please speak to the trainer, or another staff member in private. We ask that you not use the training as a forum for publicly criticizing the trainer, staff or other participants.

- Participants agree to obtain written consent for the release of (non-identifying) information from each client prior to presenting case material during group consultation sessions. Participants agree to keep a completed written release form in each client's chart about whom they disclose any case material. Participants agree to avoid disclosure of client's names or other identifying information in making verbal presentations and in

sharing written documentation of client sessions.

- Participants agree to read in their entirety and thoroughly study portions of the Target 2 Zero Manual which will be provided with the course. Some supplementary readings may be required. These study materials are required for the course and must be purchased by the attendee. A Certificate of Completion will be issued to all participants who satisfactorily complete the entire training, complete the assigned readings, successfully complete all pre and post module assessments, and demonstrate through group discussion, practice exercises and consultation, an understanding of the Target 2 Zero - Accelerated Event Reconsolidation -Therapy treatment approach. Note: for consultation sessions participants are required: 1) to prepare a written summary about their actual clinical use of specific procedures; 2) and to complete and discuss structured self-evaluations forms about their actual clinical experiences. Participants are expected to participate actively and to work diligently.

Attendance Policy

Participant must attend all training days and actively participate in all supervised practice exercises and group consultation sessions in order to receive a certificate of completion for this training.

Those who attend this workshop in full and successfully complete all the appropriate assignments, pre and post module assessments and evaluation forms, will receive CE credits. Those joining the training more than 15 minutes after the start time or leaving more than 15 minutes before the workshop is completed will not receive CE credits. Participants who need to make up any portion of the training, including consultation time that is missed, must do so within 12 months of the start of the training in order to receive the Certificate of Completion. Following that time frame, they will have to take the training again in order to receive credit for it.

Payment Policy

There are three payment options:

- a. Payment in full of \$1350 at time of registration.
- b. Deposit of \$350 at time of registration with balance of \$1000 due 4 weeks prior to start of training.
- c. Payment Plan: Deposit of \$350 at time of registration with 3 payments of \$350 due by 1 week prior to start of training.

Payment in full must be made by no later than 1 week prior to start of training, if using payment plan. If full payment is not received by 1 week prior to start of training, registrant will be removed from course. If for any reason a participant in the course has any balance due at end of training, they will not receive certificate of completion at conclusion of training.

Payment can be delivered via Zelle or by mailing a check to
Scarlett Williams, LLC
2001 South Main Street Suite 104
Blacksburg, VA 24060

If you prefer Zelle, please let me know and I will send you a request for funds.

Refund/Cancellation Policy

Policy for any missed practice or consultation portion of training:

If a participant misses any of the practice or consultation portion of the training, participant will be required to pay an additional fee of \$315 per hour for practice and or consultation session, to make this time up with one of our consultants. Target 2 Zero will coordinate the make-up session with a consultant on our team. If there are multiple participants that miss a portion of the practice or consultation time, efforts will be made to

coordinate a make-up practice or consultation with the multiple participants who may share in the cost of the \$315 per hour.

Policy for any missed module of the training:

If for any reason you are not able to attend all five modules of the training, there is a fee of \$200 (per module) to move you into another module of a subsequent training to complete the work. Please note that all modules must be completed sequentially. If you need to complete multiple modules of the training with a different group, the additional fee of \$300 is per module, up to two modules.

Refund policy/cancellations and changing to another course start date: If for any reason you are not able to attend all four modules of the training, there is a fee of \$200 (per module) to move you into another module of a subsequent training to complete the work. Please note that all modules must be completed sequentially. If you need to complete multiple modules of the training with a different group, the additional fee of \$300 is per module, up to two modules. This fee accounts for items not limited to, but such as, administrative costs, additional consultation costs, and the cost for taking a space in the training that would otherwise have been reserved for another registrant. Making up more than two modules will require an entirely new registration in a subsequent training at 75% of full cost for that training. Any move to another module or training would be contingent upon there being space available in that training.

Cancelling your registration: If cancelling a registration at any time up to 3 weeks before start of training, a full refund will be made, less a \$150 administrative fee. Cancellations that take place within 3 weeks prior to start of training are not eligible for a refund.

Agreement and Signature

I have completed the registration form and read the agreement form.

Signature: _____

Date: _____